Please note that for kids, height is a better indication of fit than age

KIDS' GARMENTS - AGE	5/6	7/8	9/10	11/13
HEIGHT - CMS	116	128	140	158
CHEST - TO FIT INCHES	24-26	26-28	28-30	30-32
CHEST - TO FIT CMS	60-66	66-71	71-76	76-81
WAIST - TO FIT	22	23	24	26
WAIST - TO FIT CMS	56	58	61	64

It is advisable to use actual body measurements rather than measuring over clothes.